

# The Reiki Times



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## The Reiki Times

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### Reiki's State of Perfection

By Rev. Barbara Matsuura, RMT

Reiki Sacred Symbols and mantra vibrations return the client's body, mind and spirit back to the State of Perfection.

We live on the water planet called Earth. Our physical bodies are made up of 75-80% water. My ten-year-old client came because he was going blind and the doctors said there was nothing to be done, as it was hereditary. Week after week of Reiki treatment kept bringing him back to his state of perfection. After the session he did not want to put on his glasses. He took Dr. Emoto's book and looked at the water crystals. I encouraged him to talk to the water in his body with gratitude. I encouraged him never to say 'stupid' to his friends or harsh words to anyone, as even though they were not directed at his own body, they were vibrating in his own body as he spoke such words. When one day he could see his shadow for the first time, he asked his mother "What is that" and she replied "It is your shadow", and they were both so amazed that he could see it now. He was very delighted at his new find and was encouraged by his ability to see something new. The doctors were confused, because a healing had occurred, they tested and retested and found that their diagnosis had been incorrect and it was not hereditary after all.



The body's water remembers, the body's water knows its state of perfection, that message is in the water. Please also see the article 'Universal Qi Memory' by Qigong Master, Rev. Barbara Matsuura, RMT in the Aug 2007 issue of The Reiki Times of the International Association of Reiki Professionals, to understand more of how water holds thought energy.

The principal of water is that it always strives to return to Perfection. Reiki's Mantras that are learned in Reiki Level II will bring the client 'back to perfection'. The sound vibration of the mantras will align and balance the waters/fluids of the body. Reiki is a perfectly balanced and intelligent energy. When Reiki is intended and channeled for the client's highest good, mantras silently stated, Reiki intelligence goes to where it is most needed at the time of the session. It activates the Original State of Perfection of the human body, mind, & spirit.

The first of the sacred symbols learned in Reiki Level II, is a power symbol. It gives us a true focus and its motions while being drawn in the air and its sound vibrations, create a subtle but powerful universal force. The second learned is a combination symbol and is considered the 'key' because it opens the pathways by its motion of being drawn and its sound vibration. The third symbol, when written correctly in its proper 5 Japanese characters, which are linked together, is the tour de force of Reiki. The literary translations are as follows; the first character, principal, main, this, book (implying truth); the second character means person, or person who is, who has; the third character means right thing, which is sensible or reasonable, right, correct (as a verb); the fourth tells us: right correct, proper, honest, exact, main; and the last character is thought, pray in the heart, or a chant in the heart. These characters linked together create a powerful energy vibration, through motion of writing and vibration of sound. Here is the Memory of the State of Perfection, activated and at once at work. This mantra will bring the client back to his state of perfection. There, is where it heals the karma because it has taken the client back before the karma was made, to its original State of Perfection. A Reiki session will bring the client back to the state of perfection and in the moments on the Reiki table they are instantly healed. The practitioners know this and can feel when the total balance is taken, often times before the allotted time of a 1-hour session is complete. The 3 sacred symbols and their mantras will always bring the client back to before the cause was made that created the effect (malaise). The malaise dissipated and released back to the Universe existing only as potential. The clients ailment has been healed, because the Karma has been healed, and therefore the ailment has nothing more to feed upon. One thing we know for sure is that the client has free choice. Karma is being made all the time. If the client does not change the way of thinking or lifestyle that created such a problem, they have the ability to re-synchronize or re-create the malaise or something similar from the potential.



According to Dr. Masaru Emoto's book, "Message in Water", his extensive studies on water crystals, gives us scientific proof that water will strive to reach perfection in all cases. Experiments were done with word or phrases or even different kinds of music, producing vibrations. In every case the vibrations of words made the water either go back to its beautiful state of perfection if they were good vibrations, or become worse if they were unkind words. Water itself has no emotion, but receives vibration and can hold that vibration. The vibrations of our words make the difference.

The Reiki mantras of the Sacred Symbols we learn in Reiki Level II will produce healing vibrations. All chanting and prayer work in a similar fashion, elevating the consciousness to a

higher place therefore not synchronizing with lower vibration that cause illness or disrupt our fine balance.

A Reiki student's experience with the Sacred Symbols is a clear indication of how the sacred symbols work in the essence of our lives.

*Here is Heather's experience:*

*Hi Barbara, it's a privilege to contribute and share my insights ... I enjoy Reiki everyday!  
Here are a few thoughts from my recollection of Reiki 1 in Feb 2004 and Reiki II in August 2004,  
in Tokyo, Japan:*

*As a Reiki student I have witnessed and experienced profound changes at different levels: physically, mentally, emotionally and spiritually. I believe that the powerful process channeled by my teacher along with my readiness to change and 'accept' was the beginning of something very special. The experience of learning the first symbol was like having my eyes opened and I felt I could 'see' for the very first time. This awakening was both scary and liberating at the same time. Learning to trust and accept something intangible but yet so present has had a massive impact on how I see the world and how I operate with my unique 'map of the world'. The experience of learning the second symbol was in many ways the key to unlocking my 'childhood' map of the world. I realized that physical malaise had manifested around the age of 5-10 and that this was in fact a reaction to a stressful home environment. I recall learning the 2nd symbol and leaving my teacher's house. My homework was to write this symbol over and over again. On returning home I picked up pen and paper and started writing out a chart pinpointing when certain physical symptoms presented themselves and linking them with family events and traumas. The urge to express myself in this way was uncontrollable and it lasted a couple of hours. I remember feeling both exhausted but fulfilled. My map of the world was put on paper and suddenly everything started to fall into place. At last I felt free and in control. Of course this was and still is the beginning....having since made some tough life-changing decisions I am enjoying a much healthier and more balanced life. My physical ailments have improved, my emotions are in balance, and my relationships are now fulfilling and serve to sustain harmony. I am constantly creating a new map of the world that makes me happy!*

*Heather's website: <http://www.cafecoachlondon.com>*

In summary Reiki Level II expands consciousness with Sacred Symbols drawn and mantras chanted. The water in our bodies responds to the motions force and the sound vibrations and

the intent for the highest good of the client bringing body, mind and spirit into balance. Balance of all three is our inherent Divine Nature.

*About the Author:*

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*She is a Reiki Master/Teacher, practicing in Japan since 1998 & Zen Shiatsu practitioner since 1979. Barbara trained in Tai Chi in Hong Kong and Japan, since 1985. She is a licensed teacher by the Japan Health Tai Chi Chuan Assoc. She was trained in Qigong Healing & Beauty Rejuvenation by a renowned master from Beijing. She has added one spa treatment to the repertoire, as a Bolevi Facelift Massage Specialist.*

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